You will receive counselling from our team of expert therapists in the areas of psychology, social education and curative education. They are supported by two team assistants.

Our offers are free and voluntary. We take the time to listen to your concerns and are subject to professional confidentiality.

We are a contact point for parents, children and young people from Sankt Augustin, regardless of their nationality, religion, sexual orientation and world view.

After registration in person or by telephone, you will be given an appointment within 14 days.

Children and young people can register with us independently.

Further information at:
www.sankt-augustin.de/familienberatung
In every family there are stressful situations, where support and advice could be helpful.

**OUR OFFERS ARE ORIENTED TOWARDS...**

... young people and children:
- who would like to feel better.
- who are at odds with themselves or others.
- who feel alone, scared or sad and would like to talk about it.
- who have argued with parents, siblings or friends.
- who are affected by the separation of their parents.
- who are looking for support for other reasons.

... mothers and fathers:
- who want to improve the atmosphere in the family.
- who are worried about the development of their children.
- who feel overwhelmed or uncertain, and would like to be strong and capable again as parents.
- who have questions about partnership, separation or divorce.
- who are looking for support for other reasons.

... other caregivers:
- who are worried about children or young people around them.

... experts from schools and daycare facilities and the areas of social care, medicine and psychology:
- who are worried about a child or young person.
- who are looking for suggestions when dealing with conflicts and stresses.
- who would like advice when preparing for an upcoming discussion with parents.
- who are looking for support for other reasons.

**WE OFFER**

In the form of individual, family or group programmes:
- Consultation
- Psychological and curative education diagnosis
- Therapeutic support

On request, we work together with daycare facilities, family centres and schools.

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